

Natunola Health Biosciences Inc.: Corporate Press Release

Natunola Granted Stock Options to its Employees and Directors

Winchester, ONTARIO--(June 11, 2010)

Natunola Health Biosciences Inc. (TSX-V:NHI) ("Natunola") announces that it has granted to its employees and directors 345,000 stock options under its Stock Option Plan. The stock options will be exercised for a period of five years, at an exercise price of \$0.10.

Natunola Health Biosciences Inc. and its manufacturing plant are located in Winchester, Ontario. It is the parent company of Natunola Health Inc.

Natunola Health Inc. is a manufacturer and researcher in the field of flax seed derived omega -3 fatty acids, flax protein, flax lignans, specialty natural products, bio-nutrients and functional supplements for human and animal care markets. Natunola Health Inc. also produces canola oil gels and other natural ingredients, for the cosmetic and personal care industry. Natunola Health Inc. has a retail health product line under the brand name of Natunola® Health's Delight.

Some of the statements contained in the release are forward-looking statements, such as estimates and statements that describe the Company's future plans, objectives or goals, including words to the effect that the Company or management expects a stated condition or result to occur. Since forward-looking statements address future events and conditions, by their very nature, they involve inherent risks and uncertainties. Actual results in each case could differ materially from those currently anticipated in such statements.

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this press release.

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